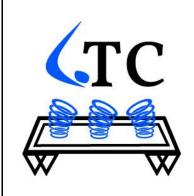
## Chester Trampoline Club Newsletter March 2018

Welcome to our first Club newsletter. We've now been operating for 6 months so it seems a good time to update you on what we're up to and what's planned.



#### **New Sessions**

We've opened up two new sessions on Tuesdays. The 4-4.45 pm session is for ages 5-7 plus older siblings and the 4.45-5.45 pm sessions is for ages 8-17. Fee update - There's a 5% fee discount for anyone doing any two of the Club sessions.

# Coming Soon - Club T-shirts

You may have noticed our new Club logo (top right). We've ordered some T-shirts with the logo and will have them available to buy or order at the sessions soon. The subsidised cost will be £7.75.

#### **Easter Courses**

Many of you came along to the half-term course Colin ran for the Centre in February.

There will be a similar course on 9, 10 & 11 April at 9.30-10.30 am and 10.30-11.30 am. Bookings must be made direct with the Centre on 01244 380444. You heard it here first!

#### **New Coaches**



We're delighted to announce that Georgia Drewitt, Sandra Hall and Raimi Harrison have passed their British **Gymnastics Award Scheme** Coach Course and will be assisting at sessions with coaching and awarding proficiency awards. Well done all of you. If any parents would be interested in assisting at sessions and would be willing to do this one-day course, please speak to Colin.

# Session Cancellations March

There will be no Friday session on 16 March as the Centre has an event on. We are also unable to operate on Friday 30 March, which is Good Friday, as the Centre closes early.

#### **Warm Ups**

Within the next week or two we will be starting each session with a short warm-up. This is a practice recommended by British Gymnastics as it prepares the children for the activity to come and reduces the likelihood of injury. Please try and arrive promptly so you don't miss it.

#### **Proficiency Badges**



We will soon be starting to offer British Gymnastics Proficiency Awards. These are awarded from level 1-15 and offer the chance for a certificate and/or a badge. There will be a small charge for the certificates and badges, which are of course optional.

### \*\*Competition\*\*

Win a Club T-shirt

We're keen to get more ratings for the Club on Google so we're running a competition for anyone who does this by 8 April. We'll pick a winner at random and give them a free Club T-shirt. Just Google the Club, click on 'Google Reviews' then 'Write a Review'. Thanks!

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